

NAMI Home Front

What?

NAMI Home Front is a free, six-session class for family, friends and significant others of military service members and veterans. The class helps families comprehend what the service member/veteran is experiencing related to trauma, combat stress, civilian life, PTSD and other mental health conditions. Topics include mental health, communication, handling crisis, treatment and recovery.

The program is designed to help family members understand and support their Service Member/Veteran while maintaining their own well-being. NAMI Home Front leaders have personal experience with mental health conditions impacting their Service Member / Veteran.

The class is free, but we request that if you register you will attend all 6 sessions.



Where?

Now offered online! We understand that attending an in-person class can be difficult for busy individuals and families. This NAMI Homefront is Online. The Online classes meet weekly in a virtual classroom, so participants experience the same level of interaction and learning as traditional in-person classes. You must have access to a laptop, PC or tablet with a stable internet connection to participate. Audio will be via telephone line, a headset is recommended.



When?

The class will be offered at various Dates/Times beginning October 1st 2018. You will be asked to choose which dates you want to take when you register with the link below.

For More Information

For more information about NAMI Home Front, please click the button on the right.

INFO

REGISTER NOW

Click the button on the right to register now for the free NAMI Home Front online classes.

REGISTER