



nami

National Alliance on Mental Illness

Westside

Rio Rancho, New Mexico

EDUCATION NIGHT ON THE WESTSIDE

DATE: Tuesday, September 26th, 2017

TIME: 6:30pm
Light refreshments will be served

WHERE: NAMI-Westside Office
4011 Barbara Loop SE – Suite 202
Rio Rancho, NM 87124
www.namiriorancho.org -- (505) 990-2292

SPEAKER: Dr. Kanchan Kohli

Please join us as we welcome guest speaker Dr. Kanchan Kohli, who graduated from the University of New Mexico with a residency in Psychiatry. Dr. Kohli is currently doing a Fellowship in Geriatric Psychiatry at UNM, focusing on mental health issues in the geriatric population.

We will also announce two new programs being introduced this year:

- ***Family and Friends 4-hour seminar.*** As its title implies, this is an abbreviated seminar for those who are unable to attend the 12-week Family-to-Family course offered on the Westside in the Spring and Fall. Open to anyone who has an interest in learning how to educate, support and advocate for those with a mental illness and their caregivers. More information will be coming out in a few weeks.
- ***SMARTS for Advocacy.*** NAMI Smarts for Advocacy is a popular advocacy training program that helps people living with mental illness, friends and family members transform their passion and lived experience into grassroots advocacy. NAMI Smarts is designed to be taught as a series of four 1-2 hour modules or as a single, full-day training. This is a NEW program for New Mexico. The community infrastructure to support a person with a mental illness or their family members is broken. NAMI needs to create more advocates who understand the problems with the current system, because they live it every day and it's NOT serving their best interests. Many State and Local jurisdictions are using tax dollars to implement support systems to help the mentally ill and that's money coming out of your pocket. We can help local communities build a better infrastructure to support our loved ones by advocating. This training will give us the skills to speak to our legislators and educate them on the "gaps in services."

Invite a friend, co-worker, neighbor, faith-based acquaintances

PLEASE NOTE THERE IS AN ELEVATOR IN THE REAR OF THE LOBBY