

Behavioral Health Community Providers
Rio Rancho and Selected Albuquerque Resources

Updated 12/9/2016

Your Medicaid, Medicare, or commercial health insurance plan can always be contacted for additional mental health options based on providers contracted with your health plan. Check the back of your insurance card to find the member services phone number and website to get additional information and learn more about what services are covered, copays and deductibles (if any).

Provider Name	Services Provided
Family Connection Counseling 505-717-1155 2441 Cabezon Blvd SE Rio Rancho, NM 87124	Most insurance accepted. Counseling/Psychotherapy for teens, adults, couples and families.
Family Workshop 505-880-0100 or 994-0161 2218 Southern Blvd # 14 Rio Rancho, NM 87124 (Also has location in Abq)	Most insurance accepted. Individual, group and family counseling. Specific groups available for substance abuse, domestic violence, anger management. Psychological testing available for various needs.
A New Awakening Counseling 505-994-4100 1207 Golf Course Rd Suite C Rio Rancho, NM 87124	Most insurance accepted. Teen, adult, family counseling available. Specific treatment programs for substance abuse, domestic violence, anger management.
The Enhancement Center 505-891-1583 1400 Barbara Lp, Suite H Rio Rancho NM 87124	Most insurance accepted. Counseling services available for adults/families. They offer behavior management programs for individuals with disabilities.
People Works NM 505-990-4186 4330 Meadowlark Ln SE Rio Rancho, NM 87124	Counseling/Psychotherapy for adults. Relationship therapy offered. They offer a Dementia caregiver program providing psychoeducational sessions to caregivers, call for availability.
Psychotherapy Counseling Services, LLC Trudy Rouillard-Soole, LPCC, LADAC 505-604-9634 Rio Rancho, NM	Most insurance accepted. Individual, couples, family and child counseling, including substance abuse treatment.
Rio Rancho Family Counseling Center 505-814-1460 1340 Monterrey Rd, Rio Rancho	Most insurance accepted. Counseling/Psychotherapy for teens, adults, couples and families.
Healthy Families 505-842-9911 4011 Barbara Loop Ste 105A, Rio Rancho	Mental health counseling
Community Lighthouse 505-273-6300 7801 Academy Rd NE Albuquerque, NM 87109	Child/Adolescent Counseling

<p>Small Steps Child Counseling 505-933-4639 12 Unser Blvd SE, Suite D and Suite I Rio Rancho, NM 87124 Also in ABQ and Jemez Springs</p>	<p>Accepts insurance and self-pay. (\$90 for initial eval and \$65/session). Spanish-speaking therapists available Serves children and youth age 0-18 (Jemez Springs also serves adults). Individual & family therapy, attachment therapies, caregiver/parent training, co-parenting classes, in-home infant mental health services, art and movement therapies.</p>
<p>Rio Rancho Family Health Center Presbyterian Medical Services (PMS) 505-896-0928 184 Unser Blvd NE Rio Rancho, NM</p>	<p>Child, teen, adult mental health counseling and psychiatry. Comprehensive Community Support Services (CCSS) for adults. To establish with mental health services they accept walk-ins to complete assessment prior to scheduling. Walk in hours change, please contact them for walk in clinic information.</p>
<p>Guadalupe Psychiatric 505-515-3982 1350 Jackie Road SE Suite 104 Rio Rancho, NM 87124</p>	<p>Psychiatry services only. Most insurance accepted. Must call for availability of accepting new patients.</p>
<p>Sage Neuroscience 505-884-1114 7850 Jefferson St NE ABQ, NM 87109</p>	<p>Most insurance accepted. Counseling/Psychotherapy/Substance Abuse treatment and Psychiatry. Must call for availability of accepting new patients.</p>
<p>Rio Grande Counseling 505-246-8700 1010 Las Lomas NE Suite 4 ABQ, NM 87102</p>	<p>Most insurance accepted. Children, teen, adult counseling, therapy and Psychiatry. Substance abuse treatment for teens & adults with suboxone management offered. To establish with psychiatry, you must be treating with a therapist within the agency.</p>
<p>Open Skies Healthcare 505-891-9797 2600 American Rd SE, Suite 216 Rio Rancho, NM 87124</p>	<p>Accepts Medicaid only Serves children and youth age preschool through 24 years Individual & family therapy Comprehensive Community Support Services (CCSS) for children/youth Behavior Management services Child/adolescent Psychiatry evaluation and medication management Treatment Foster Care Respite Care</p>

Behavioral Health Emergency Services

<p>New Mexico Crisis Access Line (NM-CAL)</p>	<p>24/7 Crisis Line "Warm Line" 24/7</p>	<p>(855) 662-7474 (855) 466-7100</p>
<p>UNM Psychiatric Emergency Services 2600 Marble NE ABQ, NM 87106</p>	<p>Helpline 24/7 Psychiatric Urgent Care Monday – Friday 7:30am – 2:00pm</p>	<p>(505) 272-2920 (505) 272-2800</p>
<p>Presbyterian Kaseman Hospital 8300 Constitution Ave NE ABQ, NM 87110</p>	<p>Inpatient assessment and treatment for psychiatric and substance abuse emergencies.</p>	<p>505-291-2000</p>

****If you or someone else are in immediate danger, call 911 or get to any hospital emergency room****